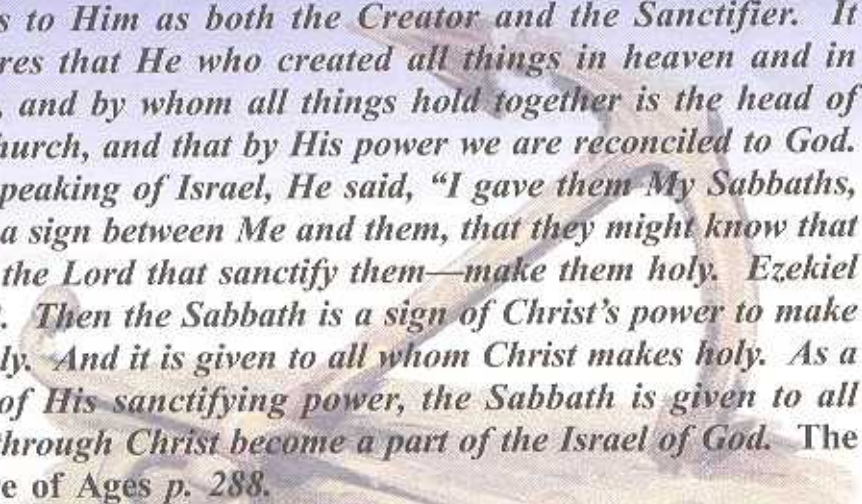


Anchor of Hope

Bible Study

Wherefore the Son of man is Lord also of the Sabbath." These words are full of instruction and comfort. Because the Sabbath was made for man, it is the Lord's day. It belongs to Christ. For "all things were made by Him; and without Him was not anything made that was made." John 1:3. Since by Him it was set apart as a memorial of the work of creation. It points to Him as both the Creator and the Sanctifier. It declares that He who created all things in heaven and in earth, and by whom all things hold together is the head of the church, and that by His power we are reconciled to God. For speaking of Israel, He said, "I gave them My Sabbaths, to be a sign between Me and them, that they might know that I am the Lord that sanctify them—make them holy. Ezekiel 20:12. Then the Sabbath is a sign of Christ's power to make us holy. And it is given to all whom Christ makes holy. As a sign of His sanctifying power, the Sabbath is given to all who through Christ become a part of the Israel of God. The Desire of Ages p. 288.



Anchor of Hope

God's Memorial

The Day of Rest Given by God

1. After God finished creating the world in six days, He rested, and then did what two things to the seventh day of the week as a memorial of His work? Genesis 2:2, 3
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2. Why does God tell us it is important to remember the Sabbath? Exodus 20:8-11
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3. The fourth commandment is only recorded twice in the Bible. The first time is in Exodus 20:8-11. The second time is in Deuteronomy 5:12-15, but the reason for keeping the Sabbath is different in Deuteronomy 5:15. "And _____ that you were _____ in the land of Egypt."

Note: Notice that the word *remember* has been moved from the first part of the fourth commandment in Exodus 20:8 to the last part of the fourth commandment in Deuteronomy 5:15. Bible teachers throughout time have recognized that freedom from Egypt is an illustration of freedom from sin. (See Romans 6:15-23.) Therefore, the second reason we keep God's Sabbath is that it is a direct memorial of Jesus as our Savior from sin.

4. The Sabbath is a sign that the Lord _____ us? Ezekiel 20:12
Note: The Sabbath is a memorial of the death and resurrection of Jesus. It reminds us each week that He both created and saved us. We are resting in His saving power.

5. Who is Lord of the Sabbath, and whom was the Sabbath made for? Mark 2:27
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The Story of the Holy Sabbath

6. Which day did Jesus rest from His work of dying for our sins? Luke 23:54-56; Luke 24:1
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the Bible Study

7. What was Jesus' custom on the Sabbath? Luke 4:16

8. Acts describes 84 Seventh-Day Sabbaths **after** Christ's resurrection. Look at a few examples. Acts 13:14, 44; 16:13

9. What ceremony commemorates Jesus' resurrection? Romans 6:4

10. How did Jesus view the changability of the fourth commandment? Matthew 5:17-19

11. What Sabbath blessing still remains for all who have faith in Jesus? Hebrews 4:9, 10

12. When God blesses something, how long will it be blessed? 1 Chronicles 17:27

13. Can people reverse it? Numbers 23:20

MY HEART'S RESPONSE

- "I long to have a beautiful future with Christ." Isaiah 66:22, 23. "I desire to follow Jesus' example in going to church on the Sabbath."

My Decision

I believe that the seventh-day (Saturday) is God's true Sabbath, and I want to know the joy of keeping it. _____

It is my decision to keep Jesus' seventh-day Sabbath as a sign of His work of sanctification in my life and His creative power.